

JEFFCO FEBRUARY FINALE

February 11-13, 2022

Sanction: Held under the sanction of USA Swimming # 2022-020. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

Location: George Meyers Pool, 7900 Carr Drive, Arvada, CO 80005

Facilities: Elevation 5300', 25 yard indoor pool, 10 lane, 25 yard course, 8 lane continuous warm-up/down in shallow end of the pool. The pool is 4' to 13' at the start end of the pool and 4' to 13' at the turn end. Colorado Timing System with 10 lane scoreboard, electronic touch pads will be used. The competition course has not been certified in accordance with 104.2.2C (4).

Concessions: There will be concessions available during all sessions of the meet.

Eligibility: Open to all swimmers holding a 2022 USA Swimming membership card. Swimmers within the 120-day transfer rule must swim unattached. Age as of the first day of the meet will determine a swimmer's age group. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. Current swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet. No swimmer who is not a member of USA swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18&Over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing. Swimmers with disabilities are welcome to participate in this meet. Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability requiring accommodation prior to the competition.

Event Limit: 4 individual events per day

Tentative Start Times (Final start times will be announced Wednesday Feb 9th)

<u>Day</u>	<u>Session</u>	<u>Warmup</u>	<u>Start</u>	<u>Session</u>	<u>Warmup</u>	<u>Start</u>
FRI	1	4-4:30pm	4:40pm			
SAT	2	7-7:50am	8:00am	3	12-1pm	1:10pm
SUN	4	7-7:50am	8:00am	5	11am-12pm	12:10pm

Entry Procedures: The meet will be **LIMITED** to fit within the 4 hour rule. All of the JH entries will be accepted and others will be accepted in the order they are received, until the meet is full. Once the 4 hour time line has been reached no further entries will be accepted. No team will be split unless they express that desire. **NT entries will not be accepted.** All meet entries should be submitted via email by the entry deadline. Entries to be delivered electronically or incur a \$25 administrative fee per swimmer. Entries not sent electronically may not update times or change events.

Entry Fees: \$7.50 per individual event
\$10.00 pool surcharge per swimmer
\$1.05 of every individual event goes to the CSI Support Fund.
Make one check payable to the North Jeffco Swim Team.

Entry Deadline: Meet entries must be received by the entry chairman no later than **Tuesday, Feb 1st 2022**. Entries received after Feb 1st will be accepted only if accompanied by a \$4.00 late fee per event. Late entries will be accepted during the meet only from swimmers already entered. Accepted late entries will be charged \$10.00 per event due at the time of entry and seeded only in open lanes if available. Late entries must be prepared to show proof of registration.

Entry Chair: NJST, PO Box 746396, Arvada, CO 80006 jeffcoentrychair@yahoo.com
Meet Referee: David Brown or Designee
Meet Director: Carmen Babcock; swimshady7@yahoo.com, 303-887-5467
Brett Stoyell; brewstoy@hotmail.com, 303-887-8495
Safety Chairman: Ashley Strickland; ashstrick@yahoo.com

Programs/Results: Programs will be sent to coaches and posted to our website and available electronically via Meet Mobile app; heat sheets will be posted at the venue for anyone not using Meet Mobile.

Awards : Ribbons 1st-8th place 10&U, 11-12 in individual events, no awards for 13&O.

Special Information: No smoking, chewing tobacco, drugs, or drinking of alcoholic beverages allowed in the building. Any damage to pool property will be grounds for dismissal from the meet. All coaches, parents and athletes are reminded that the swimming venue may have areas where additional care needs to be observed.

Warm-up Procedures: CSI warm-up procedures will be followed. Each coach will be responsible for the monitoring of their swimmers during warm-up. Starts will be in the two outside lanes at the time announced by the announcer. Swimmers must enter the pool feet first except during starts. Marshals will monitor the pool during warm-up and competition. Swimmers must enter the warm-up/warm-down lane from the seated position, no jumping.

Rules: Current 2022 USA Swimming and CSI rules and regulations shall apply.

1. The meet referee will be the final authority for the conduct of the meet.
2. **Participating teams may be assigned lanes for timing. Timing assignments will be emailed to teams by Wednesday, February 9th.**
3. USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
4. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. Age of the swimmer is determined as of February 11, 2022. Swimmers are limited to 4 individual events per day. All events will be timed finals. Entries for the 12&Under sessions will be limited to fit within the four hour USA Swimming rule.
6. Events will be pre-seeded running slow to fast and swimmers should report directly to the blocks

with the exception of the 400IM, 500 free, and 1650 free, which will require a positive check in approximately 1 hour prior to the start of each event based on the published timeline. The 400 IM and 500 Free will be limited to the top 40 swimmers of each gender. The 1650 will be run fastest to slowest alternating girls and boys and be limited to the top 30 swimmers of each gender. Swimmers must provide their own timers and counters for the 1650.

7. Use of audio or visual recording equipment, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
8. No on deck photography from behind the starting platforms during the start or relays.
9. Deck changing is prohibited.
10. No on-deck photography from behind the starting blocks will be allowed during the starts of any races. All photographers must identify themselves in advance to the meet referee.
11. No exhibition swimming will be allowed.
12. No Time entries will not be accepted for reasons of providing an accurate timeline.
13. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
14. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP is a condition of participation in the conduct of this competition.
15. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in this competition.
16. **COVID POLICIES** The pool area will be limited to 350 athletes. Coaches, lifeguards and meet personnel are essential staff and not counted toward the 350. Athletes/parents will be able to view the meet via Jeffco Facebook Live. Event and heats will be displayed on the Jeffco Facebook live link. **There will be 2 spectators per swimmer allowed in the pool area.**

State of Colorado general page <https://covid19.colorado.gov/>

Jeffco County Covid info: <https://www.jeffco.us/3999/Coronavirus-Disease-2019-COVID-19>

We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Coaches/Officials: All coaches and persons acting in any coaching capacity and uniformed officials must, Check-in/sign-in with the Meet Director or Meet Referee and display their current USA/CSI certification. Current certification is mandatory. Coaches and officials that are in noncompliance will not be allowed on deck. Deck Pass is an acceptable proof of Membership. There will be a coaches meeting at 7:00AM on Saturday morning.

Session 1 – Friday PM
Warm-Up 4-4:30 / Start 4:40pm

Girls	Event	Boys
1	Open 200 IM	2
3	Open 500 Free	4
5	Open 400 IM	6
7	Open 1650 Free	8

Session 2 – Saturday AM
Warm up 7:00-7:50 / Start 8:00am

Girls	Event	Boys
9	12&U 200 Back	10
11	12&U 100 Fly	12
13	12&U 50 Breast	14
15	12&U 100 Free	16
17	12&U 50 Back	18
19	12&U 200 Breast	20
21	12&U 100 IM	22

Session 3 – Saturday PM
Warm up 12-1pm / Start 1:10pm

Girls	Event	Boys
23	Open 200 Free	24
25	Open 100 Breast	26
27	Open 50 Free	28
29	Open 200 Back	30
31	Open 100 Fly	32

Session 4 – Sunday AM
Warm up 7-7:50am / Start 8:00 am

Girls	Event	Boys
33	12&U 200 Fly	34
35	12&U 50 Free	36
37	12&U 100 Breast	38
39	12&U 100 Back	40
41	12&U 50 Fly	42
43	12&U 200 Free	44

Session 5 – Sunday PM
Warm up 11am-12pm / Start 12:10pm

Girls	Event	Boys
45	Open 200 Fly	46
47	Open 100 Back	48
49	Open 200 Breast	50
51	Open 100 Free	52